Amendments to the Claims:

The listing of claims will replace all prior versions and listings of claims in the application:

Listing of Claims:

Claim 1 (Previously Presented) A kit for preparing salads comprising at least one ingredient (I) which is cooked and at least one fruit, vegetable or cereal product, wherein the kit comprises;

- a) a cooking composition comprising 1 to 40% wt of fat and flavouring agents in an amount of from 5 to 100% by weight, based on the weight of the cooking composition, for cooking ingredient (I), and
- b) a salad dressing for contacting with the at least one fruit, vegetable or cereal product, which salad dressing comprises 60%wt or less fat based on the weight of the dressing and

wherein the salad dressing is an oil-in-water emulsion and the weight ratio of the amount of cooking composition a) to the amount of salad dressing b) is in the range of from 1:20 to 2:1 based on the total weight of the cooking composition a) and salad dressing b).

Claim 2 (Original) A kit according to claim 1, wherein the cooking composition comprises less than 5%wt of hardened fats, based on the weight of the fat in the composition.

Claim 3 (Currently Amended) A kit according to either one of claims 1 or 2 claim 1, wherein the cooking composition comprises up to 30%wt fat.

Claim 4 (Currently Amended) A kit according to any one of the preceding claims claim 1, wherein the cooking composition comprises flavouring agents in an amount of from 10 to 90%wt.

Claim 5 (Currently Amended) A kit according to any one of the preceding claims claim 1, wherein the salad dressing comprises 10 to 40% wt fat.

Claim 6 (Currently Amended) A kit according to any one of the preceding claims claim 1, wherein both the cooking composition and the salad dressing comprise fat and the weight ratio of fat in the cooking composition to fat in the salad dressing is in the range of from 2:1 to 1:300.

Claim 7 (Currently Amended) A kit according to any one of the preceding claims claim 1, wherein the total fat content of the cooking composition and the salad dressing combined is in the range of from 5 to 50 %wt.

Claim 8 (Currently Amended) A kit according to any one of the preceding claims claim 1, wherein the at least one cooked ingredient (I) is chicken, egg, meat, fish, a vegetable-derived protein source, cooked fruit, cooked vegetables or cooked bread.

Claim 9 (Currently Amended) A kit according to any one of the preceding claims claim 1, wherein the at least one fruit, vegetable or cereal product comprises salad leaves, a salad vegetable, pasta, rice, couscous.

Claim 10 (Previously Presented) A process for preparing a salad comprising at least one ingredient which is cooked and at least one fruit, vegetable or cereal product, the process comprising the steps of 1) cooking the at least one ingredient in a cooking composition comprising 1 to 40%wt of fat and flavouring agents in an amount of from 5 to 100% by weight, based on the weight of the cooking composition, to produce at least one cooked ingredient (I), and 2) contacting the at least one fruit, vegetable or cereal product with a salad dressing comprising from 60%wt or less fat and 3) mixing the at least one cooked ingredient (I) with the at least one fruit, vegetable or cereal product before, during or after the fruit, vegetable or cereal product is mixed with the salad dressing and wherein the cooking composition and the salad dressing are provided as a kit for preparing a salad.